





Cellular stress responses induction of cellular metabolic processes to maintain homeostatic state

- Activation of reparative processes
- Rearrangements of cytoplasmic components (e.g. autophagy)
- Changes in cellular structure (heat shock response e.g. conformation reparation or protein destruction)







Cellular injurious factors might be internal or external origin

Most important harmful factors:

chemicals, radiations, heat, osmotic shock, infections, oxidative stress, injuries inappropriate nutriment, aging.











Intracellular signal transduction pathways in stress responses:

Regenerative and survival processes are activated or cell death is induced.

- Cellsurface metabotropic, G-protein coupled receptor and secondary messenger, (cAMP, IP_3 , Ca^{2+}) activation

PKA activation – the translocation of catalitic subunit (C) into the nucleus, phosphorilation of transcript factors (e.g. CREB) initiate genexpression processes
CAMkináz – the end effect might be also CREB activation (CREB – cAMP responsive element)
PKC – AP1 transcript factor activation (AP1- activator protein 1- fos and jun protein dimer)

- Growth factor receptor activation (PDGF-platelet-derived growth factor, EGFepidermal g.f., FGF-fibroblast g.f., NGF-neuronal g.f., IGF-inzulin like g.f.)

> Receptor tyrosine kinase, Src-homolog (SH) protein activation \Rightarrow Ras- \Rightarrow Raf- \Rightarrow MEk \Rightarrow ERK activation by MAP-kinases. ERK might be translocated into the nucleus. (ERK: extracellular-signal-regulated kinase)



Most important intracellular signal transduction pathways:



cAMP-response-element-binding protein (CREB) is an important gene regulatory factor.





MAP kinase (Ras, Raf) pathway



- MAP: mitogen-activated protein kinases
- ERK: extracellular signal-regulated kinase
- SRE: serum response element
- SRF: serum response factor
- MEK: MAP kinase/ERK kinase.
- Ras: small GTP-binding proteins
- Raf: proto-oncogene serine/threonine-protein kinase

Immedite early gene activation: c-fos, c-jun





Responses of the cells depend on the harmfull action

- Chemicals induce detoxification processes, mainly in the liver
- Immediate early gene (fos and jun genes) activation following the harmful effects proteins appear in 20 minutes and induce secondary protective processes
- Unfolded protein responses (UPR) ER stress reaction
- Activation of heat shock proteins (HSP-proteins). There are different subtypes: permanents (e.g. HSP 90), regulated (e.g. HSP 27, phosphorylation), inducible (e.g. HSP 70)
- Oxidative stress effects reactive free radical formation (e.g. following ischemic reperfusion)
- DNA damaging (e.g. irradiation, chemicals, osmotic stress effect)





Cell components taking place in different stress processes

lysosome: contain hydrolytic enzymes that can break down many kinds of biomolecules (pH 5 in the lumen, protonpump maintains it)

peroxisome: catabolic processes taking place in it, breaking down long fatty acids contain oxidative enzymes and catalase ⇒ toxic substances are neutralized (detoxified)

mitochondria: the place of citric acid cycle and oxidative phosphorylation ⇒ produce the energy currency (ATP) of the cell, however free radicals are also arosed. This may destruct the mitochondrial DNA

endoplasmic reticulum (rough): the site of protein synthesis, toxic effects may influence the protein structure

Golgi apparatus: place of protein modification and destination for secretion

nucleus: it contains the cell's hereditary information and controls the cell's growth and metabolic processes.





Cellular impairing effects and protective processes

Different natural and synthetic chemicals activate the defensive activity of the cells. Cytochrom P450 (CYP) enzymes support the transformation, primarily in the liver. About 500 gene were identified determining these types of functions (genetic polymorphism).

water soluble compounds are less dangerous – depleted by the kidney lipid soluble ones has to be transformed to water-soluble apolar substrate+O₂+NADPH+H⁺ ⇒ polar substrate-OH+NADP⁺+H₂O

Cytochromes P450 (CYPs) are a family of enzymes containing heme as a cofactor that function as monooxygenases. In mammals, these proteins oxidize long fatty acids, steroids and xenobiotics. They are important for the clearance of different compounds.

Xenobiotic (chemical substance found within an organism that is not naturally produced within the organism – foreign chemicals), e.g. drugs, insecticides, food improvers



Detoxification processes in the liver







Microsomal P450 systems: human CYPs are primarily membrane-associated proteins located either in the inner membrane of mitochondria or in the endoplasmic reticulum

But: toxic detoxification maight be also possible, epoxids (carcinogenic effect)



Endoplasmic reticulum stress



Endoplasmic reticulum (ER) has several different functions:

- Ca²⁺ store
- $\circ~$ protein synthesis and store

Injured ER activity – damaged protein structures (unfolded, misfolded proteins) (e.g. viral infection)

ER stress adaptation: improving mechanisms are induced in the cytoplasm to restore protein homeostasis (kinases activation)







The heat shock response was described in 1962.

Several (50-200) genes are identified which may be activated after heat shock or other stressfull input, and different protein appear in 1-2 hours.

- 1 classical heat shock proteins (molecular chaperones)
- 2 proteolytic enzyme family
- 3 stress-induced DNA damage repair enzymes
- 4 metabolic processes enzymes (energy household stabilization)
- 5 transcript factors and kinases (further stress-response activation)
- 6 cell structure protein synthesis
- 7 membrane bound and transport proteins



The role of heat shock proteins



HSTF- heat shock transcription factor / HSF1- heat shock factor 1: the activator of HSP production









The role of ER in citoplasmic Ca^{2+} level regulation







Cellular damaging effects - oxidative stress

Free radicals: they posses unpaired electrons, and are very reactive, free radicals form also during the normal cell processes

Harmful effects: $O_2 \Rightarrow$ superoxide $(O_2^{\bullet}) \Rightarrow H_2O_2 \Rightarrow OH^{\bullet} \Rightarrow H_2O$ lipid peroxidation (membrane damaging) cytotoxic effect nitrogen monoxide formation

Cause of their formation: ultraviolet and radioactive radiation, smoking, smog, high amount of alcohol consumption chemicals, environmental pollution, toxins

Free radicals form mainly in the mitochondria

consequences: DNA destructions protein damaging cell degeneration













Effects of ultraviolet radiation



DNS damaging stress reactions cause cellular destruction.





Osmotic stress



(a) Isotonic solution



Osmotic movement of water



(c) Hypertonic solution



Missregulation of water movement





Membrane synthesis problems







If the repairing processes are not effective - cell death develops

- Processes leading to degeneration - apoptosis, necrosis, autophagy

apoptosis: caspase- or calpain dependent, programed cell death, pathological process

autophagy: vesicular processes taking place, abnormal metabolic pathway activations are in the background

necrosis : "accidental" cell death – swelling is characteristic (ischemia, glutamate toxicity)

Activated diseases: cancer, neurodegenerative diseases, infarcts



Effects of proteases



TRPM7: transient receptor potential channel, ASIC: acid sensing ion channel, NXC: non selective ion channel













Autophagy activation





Timescale of stress-activated cellular processes







Diseases develop as a consequence of cellular damage

autoimmune diseases heart attack Parkinsonian disease Alzheimer disease mitochondrial dysfunction















Lung destruction



Pathological ceramide synthesis in the alveoli Smoking induce altered ceramide synthesis, the (membrane)structure of the endothelian and epithelian cell will change







Nature Reviews | Neuroscience



Environmental effects



Different effects on the skin in twins











Thanks for the attention